

## PICKLEBALL Winter 2023 (Jan- Mar 2023)

Registration opens 5 days prior (to the hour) to the start of the respective daily session.  
Register online at [www.comox.ca/recreation](http://www.comox.ca/recreation) with your online account to secure your spot.



Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday	
GYM A	GYM B	GYM A	GYM B	GYM A	GYM B	GYM A	GYM B	GYM A	GYM B	GYM A	GYM B	GYM A	GYM B
		10:30-12:30pm <b>2.5-3.5</b>					8:00 - 10:00am <b>3.5-4.25</b>				11:00-1:00pm <b>0-2.5</b>		8:15 - 10:00am <b>All Levels</b>
12 - 2:00pm <b>0 - 2.5</b>		12:45 - 2:45pm <b>4.25 +</b>		12:00-2:00pm <b>2.5-3.5</b>		12:15 – 2:15pm <b>2.5-3.5</b>		12:15 - 2:15pm <b>3.5-4.25</b>			1:15-3:15pm <b>4.25+</b>		
	2:15 - 4:15pm <b>4.25+</b>	3:00 - 4:45pm <b>3.5-4.25</b>		2:15-4:15pm <b>0 - 2.5</b>									
		6:30 - 8:30pm <b>All Levels</b>					6:30 - 8:30pm <b>All Levels</b>						
<u>Exception Dates:</u> Feb 20		<u>Exception Dates:</u>		<u>Exception Dates:</u>		<u>Exception Dates:</u>		<u>Exception Dates:</u>		<u>Exception Dates:</u>		<u>Exception Dates:</u>	

### Levels:

**0 - 2.5** → Beginner level. Learn the basics of the game: scoring, serving, ground strokes and volley.

**2.5 - 3.5** → Players consistent in serving, returning, and volleying; knowing the rules and fundamentals of the game.

**3.5 - 4.25** → Players should have dependable strokes and with direction and control, aggressive net play, show teamwork in doubles and use the short game.

**4.25 + above** → Players who are looking for competitive play.

**All levels** → Any skill level welcome